

Easy•Touch[®]

Glucose Monitoring System

**Thank you for purchasing
The EasyTouch[®] Blood Glucose
Monitoring System**

Please use this log book to keep track of your blood glucose levels and monitoring schedule. It's important that you monitor and record your blood glucose level on a consistent basis.

Glycemic Recommendations for Adults with Diabetes

| Time of Day <i>Hora del día</i> | Target Range <i>Meta de alcance</i> | |
|--|---|-----------|
| | mg/dL | (mmol/L) |
| Before Meals <i>Antes de la comida</i> | 70-130 | (3.9-7.2) |
| 1-2 hr After Meals <i>1-2 hrs después de las comidas</i> | <180 | (<10) |

Reference: Diabetes Care. 2008;31 (supplement 1):S12-S54

**Taking a Test
Just Got Easier with EasyTouch[®]!**

All EasyTouch[®] products are designed and manufactured to the highest quality levels possible.

Be sure to try other EasyTouch[®] Products.

EasyTouch[®] Insulin Syringes

EasyTouch[®] Pen Needles

EasyTouch[®] Test Strips

EasyTouch[®] Control Solution

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**Questions or Comments?
Call 877.358.4342**

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TB VERSION # HERE

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Log Book